

**Goonhavern Primary School- PSHE**

**TOPIC: What will Change as we Become more Independent- How do Friendships Change as we Grow?**

**(To include Christopher Winter's Project Lesson Puberty, Relationships and Reproduction 1,2,3,4)**

**YEAR: Six**

**STRAND: Relationships**

What should I know already?	What will I know by the end of this unit?
<p><b>From Year 3:</b></p> <ul style="list-style-type: none"> <li>• How families differ from each other (including that not every family has the same family structure, e.g. single parents, same sex parents, step-parents, blended families, foster and adoptive parents).</li> <li>• How common features of positive family life often include shared experiences, e.g. celebrations, special days or holidays.</li> <li>• How people within families should care for each other and the different ways they demonstrate this.</li> </ul> <p><b>From Year 5:</b></p> <ul style="list-style-type: none"> <li>• How to recognise and respect similarities and differences between people and what they have in common with others.</li> <li>• That there are a range of factors that contribute to a person's identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes).</li> <li>• How individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not</li> </ul>	<ul style="list-style-type: none"> <li>• That people have different kinds of relationships in their lives, including romantic or intimate relationships.</li> <li>• That people who are attracted to and love each other can be of any gender, ethnicity or faith; the way couples care for one another that adults can choose to be part of a committed relationship or not, including marriage or civil partnership.</li> <li>• That marriage should be wanted equally by both people and that forcing someone to marry against their will is a crime.</li> <li>• How puberty relates to growing from childhood to adulthood</li> <li>• About the reproductive organs and process - how babies are conceived and born and how they need to be cared for.</li> <li>• That there are ways to prevent a baby being made.</li> <li>• How growing up and becoming more independent comes with increased opportunities and responsibilities.</li> <li>• How friendships may change as they grow and how to manage this.</li> <li>• How to manage change, including moving to secondary school; how to ask for support or where to seek further information and advice regarding growing up and changing.</li> </ul>

<p>correspond with their biological sex).</p> <ul style="list-style-type: none"> <li>• About stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others.</li> <li>• How to challenge stereotypes and assumptions about others.</li> </ul>	
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Vocabulary	
Relationships	The way in which two or more people are connected.
Romantic or intimate relationship	A romantic/intimate relationship is one in which you feel very strongly attracted to the other person, both to their personality and, often, also physically. This is reciprocated by the other person in the relationship.
Ethnicity	The fact or state of belonging to a social group that has a common national or cultural tradition.
Faith	Strong belief in the doctrines of a religion, based on spiritual conviction rather than proof.
Gender	Either of the two sexes (male and female), especially when considered with reference to social and cultural differences rather than biological ones. The term is also used more broadly to denote a range of identities that do not correspond to established ideas of male and female.
Committed relationship	In or denoting a long-term emotional relationship.
Marriage	The legally or formally recognized union of two people as partners in a personal relationship.
Civil partnership	A legally recognized union of a same-sex couple, with rights similar to those of marriage.
Puberty	The period during which adolescents reach sexual maturity and become capable of reproduction.
Reproduction	The production of offspring by a sexual process.
Contraception	The deliberate use of artificial methods or other techniques to prevent pregnancy as a consequence of sexual intercourse.
Independence	Capable of thinking for yourself as you get older, being able to look after yourself and make your own decisions.

Image/diagram that helps me to articulate my knowledge/understanding	Investigate!
	See additional information for guidance, and lesson plans/resources to support the teaching of



