

Goonhavern Primary School- PSHE

TOPIC: How Can we Help in an Accident?


YEAR: Five

STRAND: Health and Wellbeing

What I should know already?	What I will know by the end of this unit?
<p>From KS1:</p> <ul style="list-style-type: none"> • Who can help them in different places and situations; how to attract someone's attention or ask for help; what to say. • How to get help if there is an accident and someone is hurt, including how to dial 999 in an emergency and what to say. 	<ul style="list-style-type: none"> • How to carry out basic first aid including for burns, scalds, cuts, bleeds, choking, asthma attacks or allergic reactions. • That if someone has experienced a head injury, they should not be moved. • When it is appropriate to use first aid and the importance of seeking adult help. • Red Cross Life. Live it Help save lives / Emergency Action. • The importance of remaining calm in an emergency and providing clear information about what has happened to an adult or the emergency services.

Vocabulary

First Aid	Help given to a sick or injured person until full medical treatment is available.
Emergency	A serious, unexpected, and often dangerous situation requiring immediate action.
Burn	A burn is a type of injury to skin , or other tissues, caused by heat, cold, electricity, chemicals, friction, or radiation. Most burns are due to heat from hot liquids, solids, or fire.
Scald	A burn or other injury caused by hot liquid or steam.
Bleeding	Lose blood from the body as a result of injury or illness.
Choking	Have severe difficulty in breathing because of a constricted or obstructed throat or a lack of air.
Asthma attack	A respiratory condition marked by attacks of spasm in the bronchi of the lungs, causing difficulty in breathing.
Allergic reaction	The hypersensitive response of the immune system of an allergic individual to a substance.
Emergency services	The public organizations that respond to and deal with emergencies when they occur, especially the ambulance service, the police, and the fire brigade.

Image/diagram that helps me to articulate my knowledge/understanding	Investigate!
<p>DANGER</p> <p>RESPONSE</p> <p>AIRWAY</p> <p>BREATHING</p> <p>CIRCULATION</p>	 <p>See additional information for lesson plans and resources for teaching basic first</p> <ul style="list-style-type: none"> • Invite health care professional in to talk to class/teach first aid. • Role play different scenarios requiring a response in an emergency.

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TOPIC:	YEAR:	STRAND:

Q1	Start of Unit	End of Unit	Q3	Start of Unit	End of Unit

