Goonhavern Primary School- PSHE

TOPIC:What is Bullying? YEAR: Two STRAND: Relationships

What should I know already?	What will I know by the end of the unit?		
What is kind and unkind behaviour and how this can affect others. How to treat themselves and others with respect.	 How words and actions can affect how people feel. How to ask for and give/ not give permission regarding physical contact. How to respond if physical contact makes them uncomfortable or unsafe. Why name-calling, hurtful teasing, bullying and deliberately excluding others is unacceptable. How to respond if this happens in different situations. How to report bullying or other hurtful behaviour, including online bullying, to a trusted adult and the importance of doing so. 		
	Dealing with Bullying		
	Remember that it is the victim that determines if they believe the behaviour is bullying not the bully.		
	 Tell someone – don't keep it to yourself, find a trusted adult who you can talk to. Don't retaliate, try and ignore them if you can. Try not to react in front of the bully. 		
	Try not to react in front of the bully. Stay with trusted friends who will support you.		

Vocabulary						
Bullying	Bullying is the repeated and intentional behaviours which cause harm to another person, either physically, emotionally or psychologically.					
Physical	The victim is physically and violently assaulted by the bully. This can include being beaten up, pushed and shoved or the physical taking of items from the victim.					
Verbal	This can include name calling, snide comments and the spreading of rumours.					
Emotional	Psychological and emotional bullying is difficult to see, but can include the ostracization of the victim from a particular group, tormenting and humiliating the victim.					
Cyber bullying	Cyberbullying is the use of electronic communication to bully a person, typically by sending messages of an intimidating or threatening nature, but can also include setting up of malicious websites or posting personal and					

	embarrassing images and videos without the person's permission.
Bystander	A person who doesn't actively engage in the bullying but watches and doesn't do anything to prevent it.

Image/diagram that helps me to articulate my knowledge/understanding	Investigate!
Ties Bullying Parting Rame calling Mean words E Cother bullying Gossiping Rame calling Rame callin	 Roleplay different scenarios and resolutions. Create anti bullying posters. SEAL activities (see above). Kate Neal Words and Your Heart activities (see above). Read and discuss different stories about bullying- hotseat the characters.

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TOPIC:	YEAR:	STRAND:			

Q1	Start of Unit	End of Unit	Q3	Start of Unit	End of Unit

Q2	Start of Unit	End of Unit	Q4	Start of Unit	End of Unit