WEEK 3

W/C: 01/05, 22/05, 12/06, 03/07, 24/07, 04/09, 25/09, 16/10

THURSDAY **TUESDAY** WEDNESDAY FRIDAY MONDAY Cheese and Chicken Korma **Roast Pork Butter Chicken Southern Fried** Tomato Pizza o **Picnic Plate** Curry 🐲 Chicken Served with Served with Served with Herb Served with Potato Served with Chips Wholearain Rice Diced Potatoes Wholearain Rice Wedges HOT MAINS Vegetarian **West African** Cheesey Tomato Macaroni Bolognese o * Ploughman's Veaetable **Vegetable Rice** Cheese o Served with Picnic Plate Burger o **₩** Wholemeal Pasta Served with Bread Served with Chips **Jacket Potatoes** Jacket Potatoes **Jacket Potatoes Jacket Potatoes Jacket Potatoes** with a choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🗸 💥 All main meals are served with two vegetables

PACKED LUNCH AVAILABLE

Berry Flapjack

with Fruit

Chocolate

Brownie with

Fruit 🎳

Pineapple

Upside Down

Cake with

Custard

Chocolate

Milkshake and

Shortbread

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day



Mango Frozen

Yoghurt

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
HOT MAINS	Cheese and Tomato Pizza • ** Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Turkey Served with Roast Potatoes and Gravy	Served with Wholemeal Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips			
	Vegetable Pesto Pasta Bake o	Macaroni Cheese ⊙	Roasted Vegetable Butterbean Crumble © Served with Roast Potatoes and Gravy	Vegetarian Bolognese • Served with Wholemeal Pasta	Vegetarian Dippers © Served with Chips			
JACKET	Jacket Potatoes ovith a choice of hot and cold fillings	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes © with a choice of hot and cold fillings	Jacket Potatoes © with a choice of hot and cold fillings			
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🔻 💖								
All main meals are served with two vegetables								
DESSERT	Vanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit	Lemon Slice with Fruit	Chocolate Ice Cream			



WEEK 2 W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 18/09, 09/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
HOT WAINS	Cheese and Tomato Pizza Served with Potato Wedges	Chinese Chicken and Vegetable Rice 📦 🤫	Roast Gammon Served with Roast Potatoes and Gravy	Beef Lasagne Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips			
	Vegetable Pastry Roll Served with Potato Wedges	Cauliflower Macaroni Cheese ② **	Sweet Potato and Chickpea Roast o Served with Roast Potatoes and Gravy	Vegetable Lasagne () (*) Served with Garlic and Herb Bread	Vegetarian Dippers © Served with Chips			
JACKET	Jacket Potatoes © with a choice of hot and cold fillings	Jacket Potatoes © with a choice of hot and cold fillings	Jacket Potatoes Output With a choice of hot and cold fillings	Jacket Potatoes © with a choice of hot and cold fillings	Jacket Potatoes © with a choice of hot and cold fillings			
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🔻 💥								
All main meals are served with two vegetables								
DESSERT	Oat Chocolate Cookie with Fruit 🎳	Orange Jelly	Chocolate and Banana Marble Cake	Banana and Apricot Flapjack with Fruit &	Strawberry Ice Cream			
AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit								

♥ Vegetarian 🖈 Oily Fish 😻 Wholegrain 🍎 Fruity! 🤎 Nutritionist's Choice